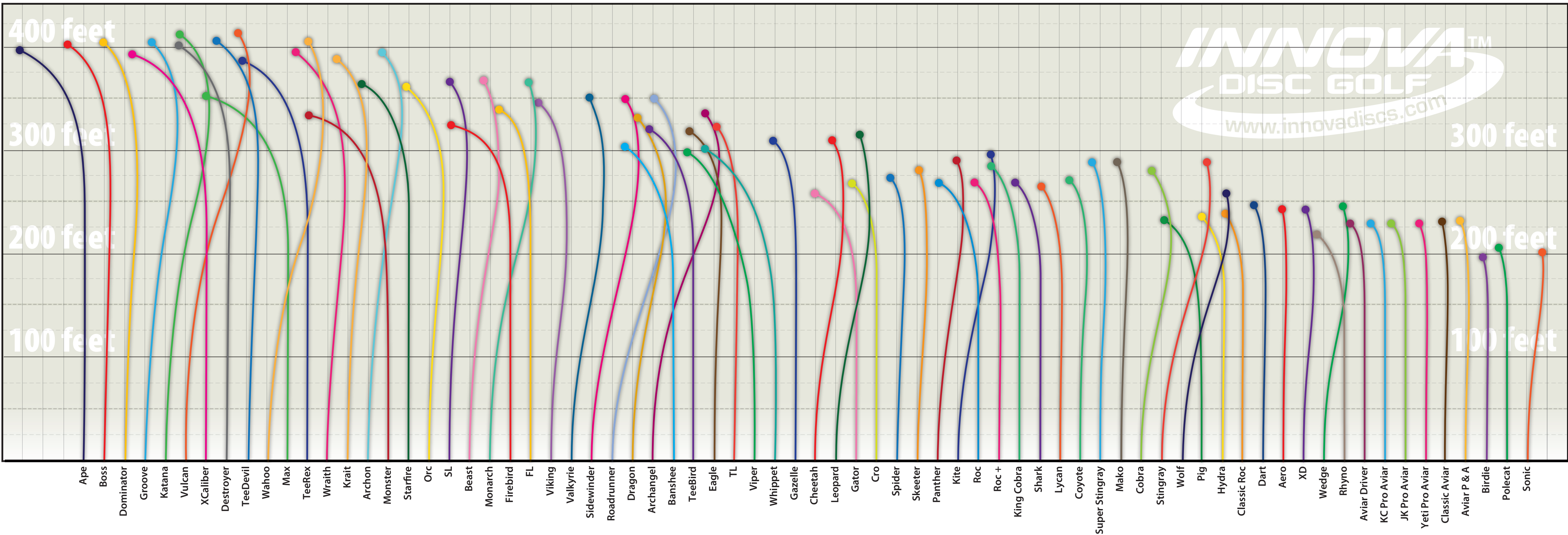
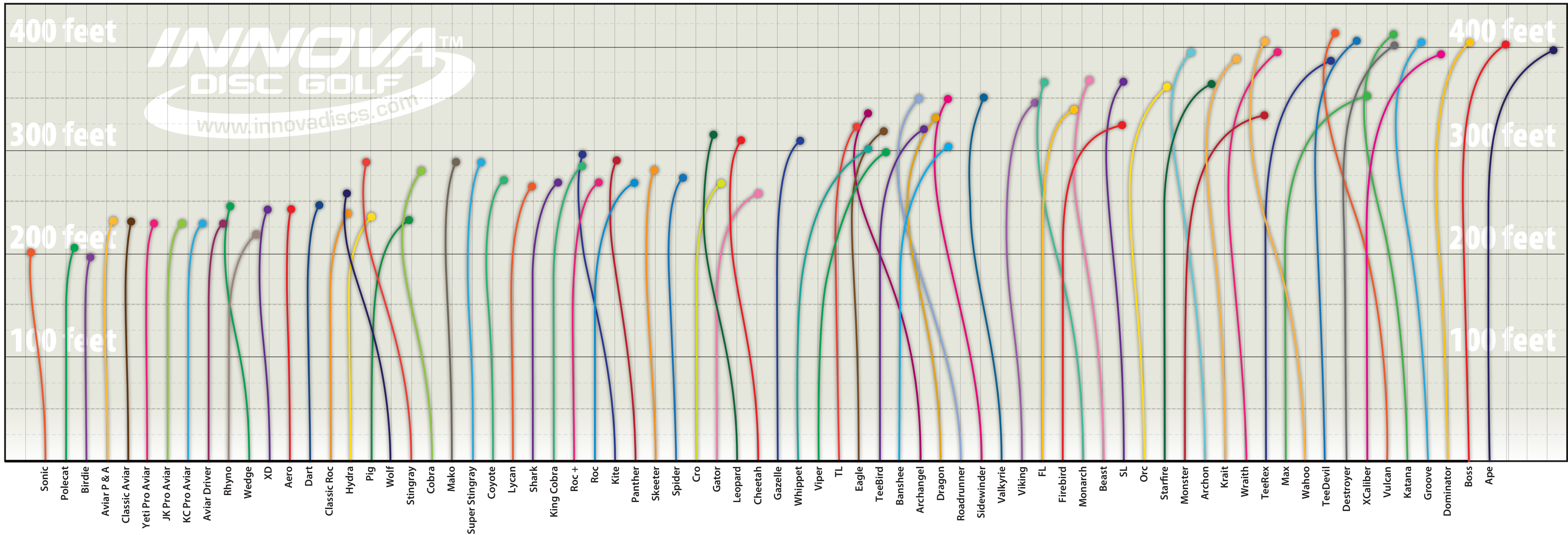




Right-handed backhand throws thrown flat and level with no wind need to reach these distances to achieve these flight patterns. Upwind and faster throws will turn more high speed. Downwind and slower throws will turn less high speed.



Left handed back hand throws thrown flat and level with no wind need to reach these distances to achieve these flight patterns. Upwind and faster throws will turn more high speed. Downwind and slower throws will turn less high speed.